Dr. Kate Tilleczek et al.

Catalyzing Interdisciplinary Research Clusters Initiative

Partnership for Youth and Planetary Wellbeing



#### INFORMED CONSENT FORM

## PARTNERSHIP FOR YOUTH AND PLANETARY WELLBEING

## **Principal Investigator**

Dr. Kate Tilleczek Canada Research Chair, Professor & Founder & Director of the Young Lives Research Lab York University

## **Co-Principal Investigators**

Dr. James Stinson Post-Doctoral Fellow at Young Lives Research Lab & Dahdaleh Institute for Global Health Research York University Dr. James Orbinski MD, Professor & Director, Dahdaleh Institute for Global Health Research York University

Dr. Felipe Montoya Professor in the Faculty of Environmental and Urban Change & Las Nubes Project Director York University

Thank you for your interest in participating in our *Partnership for Youth and Planetary Wellbeing*! Your involvement and input are very important for the success of this research, and we look forward to working with you. In order to complete this consent form you must be 16 years of age or older. If you are under 16 and want to participate, please contact Young Lives Research Lab Project Manager, Deborah MacDonald at dmacd@yorku.ca

#### **Description of the Research**

This project has been designed to work with young people and their communities to ask questions and hold activities to help us understand how young people and their community members are experiencing various aspects of climate change and climate action and how these affect their wellbeing. We want to understand what you, your peers and community members are doing in response to climate issues within your communities and how these responses support the health and wellbeing of your society and the planet.

One amazing output from this project so far has been the creation of archiveouryouth.ca which has been cocreated with young people as a digital repository for people to share their experiences, ideas, hopes and dreams around personal and planetary wellbeing. With your consent, we will use your post(s) on archiveouryouth.ca as valuable data to support our ongoing research.

Your participation is completely voluntary, and you can choose to remove your post at any time (see more on this below).

## Why is your consent needed?

By allowing your post to be reviewed as part of the data for this research, you are given the opportunity to share your ideas, opinions, stories, and experiences.

Your input will be used towards the development of important dialogue and tools for education, reports
and other forms of knowledge sharing so this research can support other young people and
communities all around the world in understanding the impacts and issues of personal and planetary
wellbeing.

To guarantee that we respect your rights and privacy in any of the research outputs (educational tools, presentations, reports, papers, chapter(s) in a book, social media posts, etc.) to come from this study, we must ask for your consent before you submit your post as part of this research. Please note that:

- No personal information (your name, photo, etc.) will be used in the results of this research or shared with anyone without your consent.
- You can choose to have your post included anonymously (meaning we will not include your name or any other identifying information such as names of your friends and/or family members, the community where you live, the school you go to, etc.) in the research outputs.
- If you would like your identifying information included in the research outputs, you can waive your right to anonymity and we will include your name and other identifying information in the outputs to come from this research.
- Your privacy will always be protected.
- No identifying information about you will be published or shared with anyone unless you have given your permission for us to do so.

We maintain the highest standards of privacy protection and you can choose how you want to participate in this study and how you want your privacy protected.

#### **Potential Risks**

This research is very low risk, however you may feel some:

**Psychological Risk**: when posting about climate issues that are affecting your wellbeing, the wellbeing of your community and the planet we understand that these topics may be emotional for you. You may feel uncomfortable, sad, angry, hurt, helpless or hopeless while posting about them and you might find you experience some psychological discomfort when sharing stories about your past experiences or your plans and ideas for the future.

**Social Risk**: You may feel socially 'exposed' when posting about your experiences, ideas or opinions If you choose to share personal information, you may feel like you have put yourself in a position for loss of social status, loss of privacy, or loss of reputation. We have created and monitor archiveouryouth.ca as a safe space for sharing and connecting, but comments from other people online may affect you.

**Legal Risk**: Our country has 'duty to report' procedures. So, if a post is made that informs our research team of any maltreatment or abuse of children, we must report it to child protective services.

## **Potential Discomforts or Inconvenience**

You may experience discomfort when reliving or retelling stories about your past experiences, your current situation or state of wellbeing, or your plans, hopes, fears or ideas for the future through your online posts.

We will do everything possible to make sure users feel comfortable and safe when while on archiveouryouth.ca

- archiveouryouth.ca is designed as a safe environment and our team will work to ensure no harmful content or comments are posted.
- If you do not feel safe in any way while using archiveouryouth.ca we encourage you to let our research team know by emailing Young Lives Research Lab Project Manager, Deborah MacDonald, at dmacd@yorku.ca

PLEASE SEE BELOW FOR INFORMATION ABOUT CANADIAN MENTAL HEALTH AND WELLBEING SUPPORT OPTIONS.

#### **Potential Benefits**

It can feel empowering to post about your personal experiences and share your ideas and opinions with others. Your input and ideas will be used to develop innovative and important education tools and knowledge sharing outputs for people all over the world!

## Confidentiality

We respect your privacy. No information about who you are will be given to anyone or published **without your permission**. We are, however, bound by law to disclose any evidence of serious criminal activity that comes to our attention.

Only with your permission will your posts (texts, audio, art, photo(s) and/or video(s)) on archiveouryouth.ca be used in the results of this research. If you have created an archiveouryouth.ca login, you can login to remove a post from archiveouryouth.ca at any time. If you don't have a login and you want to remove a post, simply contact Deborah MacDonald at <a href="mailto:dmacd@yorku.ca">dmacd@yorku.ca</a> and she will be able to remove it for you. And you have the option to request that the content from your post be removed from all research outputs until the data collection end date of **October 31, 2024** by contacting the Young Lives Research Lab Senior Research Associate and Manager, Deborah MacDonald at <a href="mailto:dmacd@yorku.ca">dmacd@yorku.ca</a> or via WhatsApp at +34 603 610 047. Please be aware that once you share content to the public domain, we cannot control who may access, share or copy it.

## **Participation**

It is your choice to have your poste be used as part in this research.

# **Sponsorship**

The funder for this research is the York University Catalyzing Interdisciplinary Research Clusters fund.

### Consent

By providing consent, I agree that:

- 1) I am 16 years of age or older
- 2) I have read and understood this consent form.
- 3) This consent form has explained this study to me.

- 4) This consent form has explained the possible harms and benefits of this study.
- 5) I understand that I have the right to NOT participate in the study and the right to stop participating in future.
- 6) I understand that I am free now, and in the future, to ask questions about the study.
- 7) I understand that no information about who I am will be given to anyone or be published without first asking my permission.
- 8) I understand that I can keep a copy of the signed and dated consent form.
- 9) I agree, or consent, to take part in this study.

The Research Ethics Board of York University has approved this research project. If you have any questions about this process, or about your rights as a participant in the study, please contact the Director, Research Ethics in the Office of Research Ethics, Kaneff Tower, York University (e-mail: ore@yorku.ca)

As a participant in this research I agree, or give consent to:			
	YES	NO	
Allow my post on archiveouryouth.ca to be used as part of the data for this research understanding that:			
<ul> <li>→ This study will produce outputs such as educational tools, presentations, reports, papers, chapter(s) in a book, social media posts, etc.</li> </ul>			
<ul> <li>→ I can request to have my post removed from the data for this research up until October 31,</li> <li>2024.</li> </ul>			
→ I can remove or request to have my post removed from the archiveouryouth.ca at any time in future.			
<ul> <li>→ Once my post is made public it could be copied or shared by other users.</li> <li>→ No identifying information about me or anyone included in my post will be used in any of the outputs of this study unless I waive my right to anonymity (below).</li> </ul>			
<b>Waiver of anonymity:</b> I want my name and/or other identifying information about me to be used in the outputs of this study and I therefore waive my right to anonymity.			

Name	Signature and Date

## **Summary**

If you have any questions about the research outputs that will come from this research, or want a copy sent to you, please contact Deborah MacDonald at the Young Lives Research Lab at York University at: <a href="mailto:dmacd@yorku.ca">dmacd@yorku.ca</a>

# Canadian Mental Health & Wellbeing support services

Kids Help Phone – Telephone: 1-800-668-6868

Suicide Crisis Hotline – Telephone: 988

Canadian Mental Health Association

Hope for Wellness Hotline (for First Nations, Inuit and Métis peoples) – Telephone: 1-855-242-3310

Black Youth Helpline - Telephone: 1-833-294-8650

Trans Lifeline

<u>It Gets Better Canada</u> (offers a variety of resources)